

HOW TO REPORT **SERIOUS** **CYBERBULLYING**

1 Collect Evidence

Take a picture of the harmful content you see online and save the webpage address (URL) or the name of the account that posted it. This way you can report it to a trusted adult or the platform it was posted on to help keep yourself and others safe."



2 Report

Report online to cop@ncc.gov.ng
call NCC Toll-Free line: 622

08008008001
(for Children, Toll-free)

07007007001
(for Adults, not Toll-free)



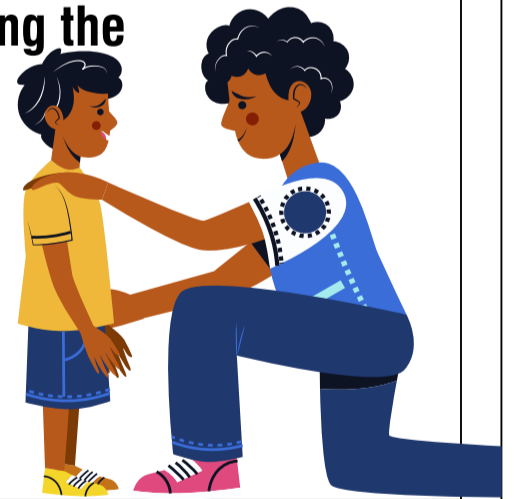
3 Prevent further contact

Utilize your settings to disregard, silence, or hinder the other individual, and ensure to review your privacy settings.



4 Get More Help

Consider seeking additional support by confiding in a reliable adult or counselor regarding the repercussions.



Serious cyberbullying entails the transmission or dissemination of harmful online material that significantly distresses an individual under the age of 18. Such conduct can cause them to feel harassed, humiliated, threatened, or intimidated to the extent that they feel unsafe to express themselves or take action.